

# Definitions:

**HOUSEHOLD FOOD SECURITY:**

Categorization using the Household Food Insecurity Access Scale (HFIAS), designed to capture the households' behavioral and psychological signs of insecure food access.

**MINIMUM DIETARY DIVERSITY OF CHILDREN (IYCF-MDD):**

Proportion of children 6-59 months of age who received foods from 4 or more food groups during the previous day. Food groups include grains, roots, and tubers; legumes and nuts; dairy products; flesh foods (meat, fish, poultry, and organ meats); eggs; vitamin A-rich fruits and vegetables; and other fruits and vegetables.

**MINIMUM DIETARY DIVERSITY FOR WOMEN (MDD-W):**

Proportion of female caregivers who consumed foods from at least 5 or more food groups during the previous day. Food groups include grains, roots, and tubers; pulses; nuts and seeds; dairy; meat, poultry, and fish; eggs; dark green leafy vegetables; other vitamin A-rich fruits and vegetables; other vegetables; and other fruits.

**WEALTH:**

A wealth index was constructed using the DHS method, including data on a household's ownership of selected assets; materials used for housing construction; and types of water access and sanitation facilities. Wealth quintiles are reported here.

**FEMALE CAREGIVER'S EDUCATION:**

Categories are defined using the highest grade of schooling completed by the female caregiver. Primary 1 incomplete includes completing grades 1, 2, 3, or 4; primary 1 complete includes completing grades 5, 6, or 7; and any secondary or higher includes completing grades 8, 9, 10, 11, 12, or any higher education.

This infographic was produced as a part of a study that was conducted by the Friedman School of Nutrition Science and Policy at Tufts University, in collaboration with University Lúrio, Mozambican National Institute for Health, and the Association for Food and Nutrition Security (ANSA), under the Feed the Future Innovation Lab for Nutrition.

The study was conducted in 10 districts of Nampula province where USAID supports programs in nutrition and agriculture.

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[nutritioninnovationlab.org](http://nutritioninnovationlab.org)



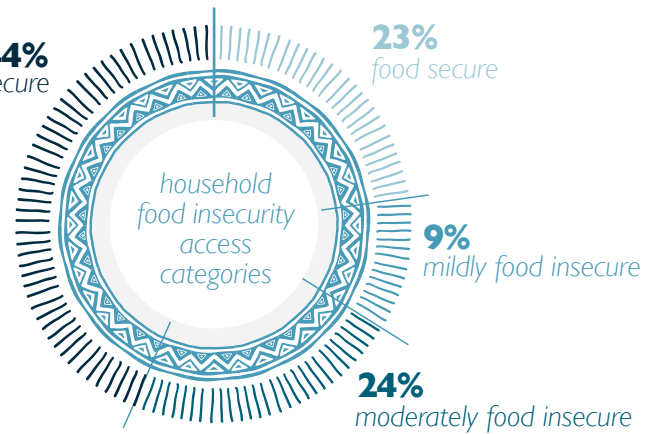
**FOOD SECURITY AND DIETARY DIVERSITY**



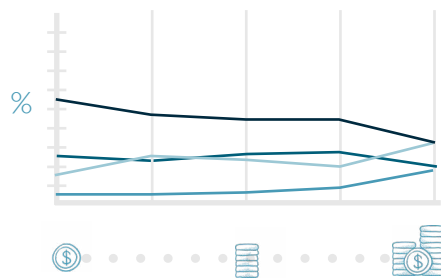
# Household FOOD SECURITY



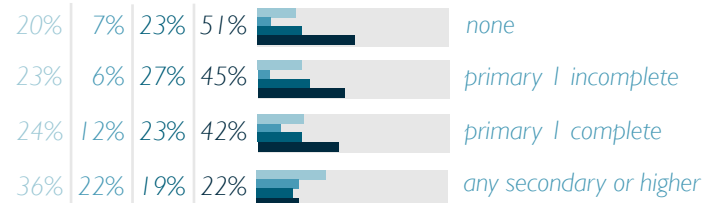
44% severely food insecure



## WEALTH

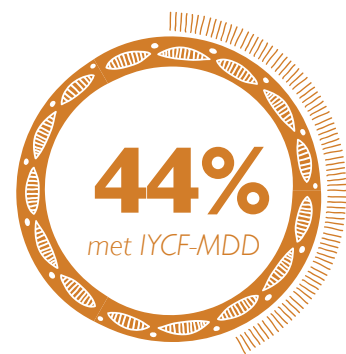


## Female Caregiver's EDUCATION



# Dietary Diversity of CHILDREN

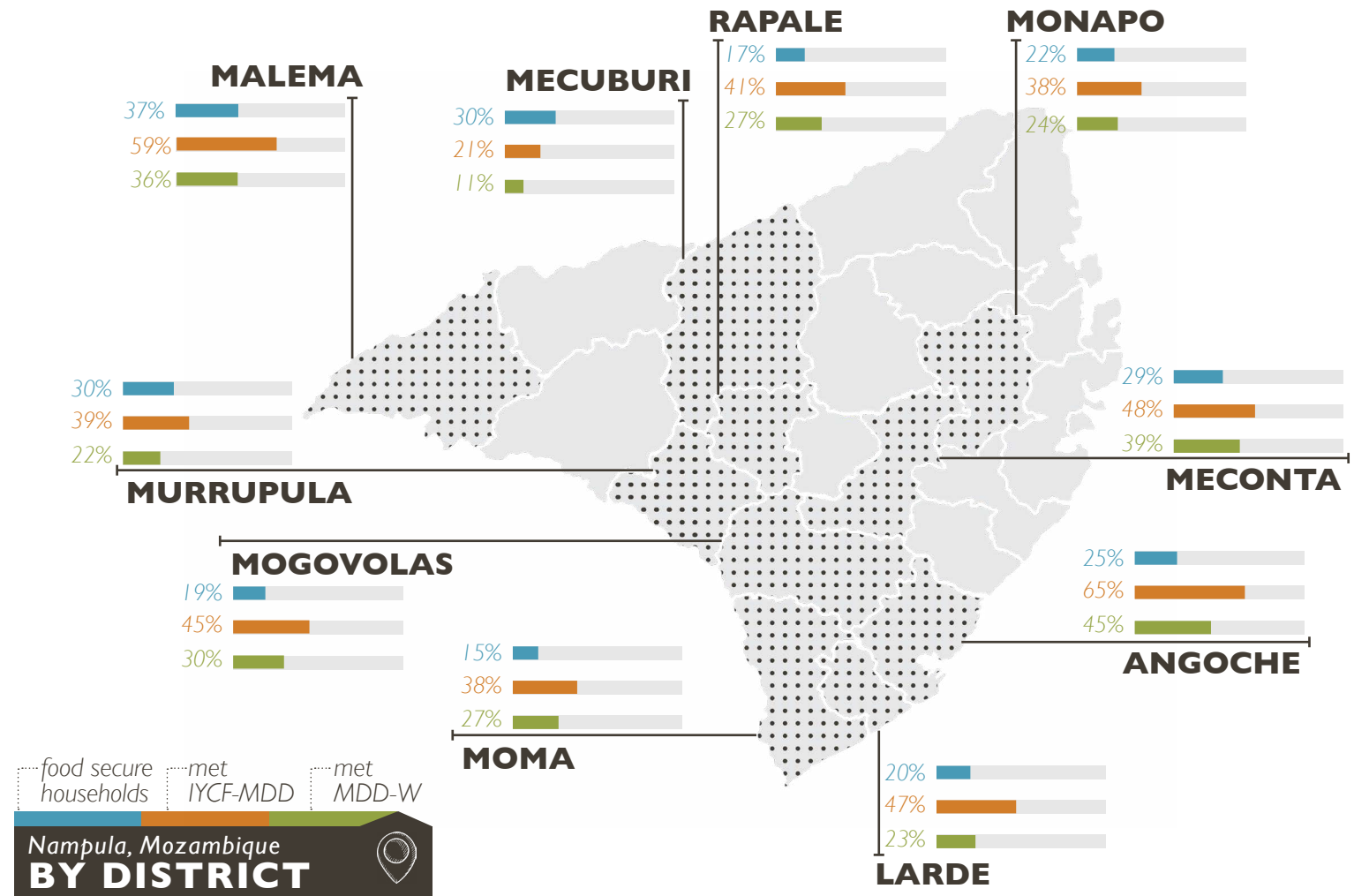
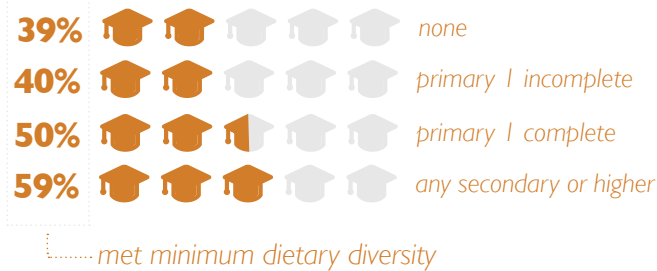
## AGE



## WEALTH



## Female Caregiver's EDUCATION



# Dietary Diversity of WOMEN



## WEALTH



## Female Caregiver's EDUCATION

