

Definitions:

MINIMUM DIETARY DIVERSITY (MDD):

MINIMUM MEAL FREQUENCY (MMF):

MINIMUM ACCEPTABLE DIET (MAD):

WEALTH:

FEMALE CAREGIVER'S EDUCATION:

nutritioninnovationlab.org

DIET DIVERSITY AND MINIMUM ADEQUATE DIET

of Breastfed Children
6-23 months





Minimum

DIETARY DIVERSITY

33%

met MDD




WEALTH

Percentage	Visual Representation (Filled Circles)
27%	1 full blue circle, 1 half-blue circle, 3 grey circles
35%	2 full blue circles, 1 half-blue circle, 3 grey circles
37%	3 full blue circles, 1 half-blue circle, 2 grey circles
34%	2 full blue circles, 1 half-blue circle, 3 grey circles
45%	3 full blue circles, 2 half-blue circles, 1 grey circle

...met minimum dietary diversity



Female Caregiver's EDUCATION

24%	  	none
32%	  	primary / incomplete
49%	  	primary / complete
50%	  	any secondary or higher

...met minimum dietary diversity



Minimum

MEAL FREQUENCY

32%

met MMF



WEALTH

Percentage	Visual Representation
30%	1 solid orange circle, 1 half-filled orange circle, 3 empty gray circles
28%	1 solid orange circle, 1 half-filled orange circle, 4 empty gray circles
25%	1 solid orange circle, 1 half-filled orange circle, 4 empty gray circles
42%	2 solid orange circles, 1 half-filled orange circle, 3 empty gray circles
27%	1 solid orange circle, 1 half-filled orange circle, 4 empty gray circles

.....met minimum meal frequency



Female Caregiver's EDUCATION

28%		none
29%		primary / incomplete
34%		primary / complete
34%		any secondary or higher

...met minimum meal frequency



Minimum

INADEQUATE DIET

11%

met MAD



WEALTH

Percentage	Belief
6%	Getting better
10%	Getting worse
7%	Staying about the same
16%	Getting better
11%	Getting worse

....met minimum adequate diet



Female Caregiver's EDUCATION

8%						none
8%						primary / incomplete
15%						primary / complete
11%						any secondary or higher

...met minimum adequate diet

